

Hesham Ahmed Moustafa

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Objective:

With my proven Expertise in the Sports Field of Physical Education, my goal is to provide Exceptional Contribution to Trainees' Performance and Productivity in Creating Real Wrestling Champions.

Education:

Bachelor's degree in physical education,
Helwan University, Cairo, Egypt

1997

Military Service:

Served as Solider in the Egyptian Armed Forced / Commandos and finished with
Good Role Model

7/1998 - 9/1999

Work Experience:

- Armed Security Officer with United Security Inc. 2022
- Unarmed Security Officer with OPS Security Group 2021 - 2022
- Security Officer at Security 1 Solutions, LLC – Hunt Valley 2020
- Loan Originator at 1st Continental Mortgage 2009 - 2010
- Field Representative at Techtronic Industries North (TTI) 2008
- Security Officer (Airline & Ground) for Egypt Air Flights at Intl' Cairo Airport 2000 – 2005
- P.E Co-Teacher at Middle & High School in Cairo, Egypt 1996 – 1997

Certifications/Courses: (Wrestling – Security)

- 2020 Security Guard Clearance Card No; 102-231-669
- 2020 MSP - Permit to Carry a Handgun No; 20HGP013302
- 2020 MSP – HQL License No; 2020-013575
- 2020 PATH Handcuffs License, OCAT Aerosol Spry License, PPBT Baton License from; (PPC)Personal Protection Consultants INC
- CPR & AED Certified from G4S Security Solutions USA
- 2019 " Concussion in Sports " & " Heat illness Prevention " from NFHS/CDC/U. S
- 2019 " Emotional and Physical Misconduct ", " Mandatory Reporting " & " Sexual Misconduct Awareness " from U.S SafeSport Center

- 2014 United World Wrestling Educator Course, Paris, France
- 2014 United World Wrestling Greek Roman Advanced School for Coaches, Paris, France
- 2013-2014 Fila Certified Freestyle Wrestling Coach in Las Vegas. USA
- 2010-2013 Silver Certified Wrestling Coach from NCEP (USA Wrestling Federation) in Oklahoma City, USA
- 2011 CPR, AED and First Aid certified from American Safety & Health Institute
- 2010 Bronze Certified Wrestling Coach from NCEP (USA Wrestling Federation)
- 2010 Copper Certified Wrestling Coach from ASEP Organization, USA

Skills:

- Developed Effective Communication Skills
- Bilingual—Proficient in English and Arabic
- Developed Superb Negotiation, Analytical and Problem-Solving Skills
- Managed Multiple Projects while Simultaneously meeting deadlines under Pressure
- Effective Team Player

Coaching Experience:

- 2023-2024 Head Men & Women Wrestling Coach @ Southwest Virginia Community College SWCC
- 2019 - 2022 Head Wrestling Coach of Mt. Carmel School Wrestling Program.
- 2018-2019 Private Wrestling Coach with <Punisher Wrestling Club> for Juniors @ Perry Hall H.S
- 2017 Head wrestling coach at Delaware University Wrestling Club.
- 2017 Director of Coaching at "Beat Z Streets" Baltimore, (11 Schools) African National Coaches and the Teams in Morocco
- 2016 Educator of UWW – delivering advanced Wrestling Course " Level 1" for African national Coaches and the Teams in Algeria
- 2012 - 2013 Head Coach - National Junior Wrestling Team – Ministry of Sport, Suez
- 2008 - 2011 Guest Coach - Military Institution Club - Senior & Junior Wrestling Teams Suez, Egy.
- 2008 - 2009 Vol. Asst. Coach (Contracted) - American University Senior Wrestling Team Washington DC, USA.
- 2007 - 2008 Vol. Coach - St. Paul High School - Junior Wrestling Team (MD, USA)
- 2006 - 2007 Head Coach & Owner – Z Pyramids: Private Wrestling School (MD, USA)
- 2005 - 2007 Vol. Coach - Mad Cats - Pikesville H. School - Junior Wrestling Team. (MD, USA).
- 2005 Advisor Coach - Wigan - Junior Wrestling Team (Wigan, UK).
- 1991 - 2005 Team Captain - Faisal Club - Junior Wrestling Teams, Suez, Egy.
- 1991 - 1998 Team Captain - Suez National -Senior Wrestling Teams, Suez, Egy.
- 1999 - 2000 Team Captain - Sports Police Club - Senior Wrestling Team, Cairo, Egy.
- 2001 - 2002 Team Captain - Sports Army Club - Senior Wrestling Team, Cairo, Egy.
- 2000 - 2003 Team Captain - Cairo National - Senior Wrestling Team, Cairo, Egy.
- 1994 - 1997 Team Captain - Helwan University -Senior Wrestling Team. Giza, Egy.

Memberships:

- Silver Certified Wrestling Leader at USAW Association
No: 42378101 / MD 2010 - Present
- Educator at United World Wrestling (UWW) 2014 - Present
- Wrestling Educator at world Academy of Sport 2014 - Present
- Wrestling Coach at General Union of Sports Careers
NO: 42925 – Cairo – Egypt

Awards and Honors:

- Qualifier Olympian – Sydney Olympic Games 2000
- 32X National Champion, Junior, and Senior F.S 1985 – 2005
- International Wrestling Camps participant in Egypt, Morocco, Tunisia, Bulgaria, Turkey, Poland, France 1990 – 2005
- 2X Gold Medalist – Maryland Open Wrestling Competition, 66 kg, USA, Folkstyle 2005
- Silver Medalist in Ibrahim Moustafa Int'l Competition, 66 kg, Egypt 2005
- Gold Medalist – Best Player in Africa Championship, 66 kg, Tunisia 2000
- Bronze Medalist – Best Player in the Arab World, 58 kg, Lebanon 1997
- 5th place in Prix Francophonie, 68 kg, Paris, France 1994
- Silver Medalist in Ibrahim Moustafa Tournament, 62 kg, Egypt 1994
- 4th place in Ibrahim Moustafa Int'l Competition, 63 kg, Egypt 1993
- Gold Medalist in Grand Prize Tournaments, 52 kg, Egypt 1992
- Gold Medalist – All Arab World for Youth, 52 kg, Morocco 1992
- Silver Medalist All Africa Games Competition, 48 kg, Egypt 1991
- 4X Universities Champion in Egypt G.R 1994 - 1997
- Gold Medalist – Best Wrestler in Egypt 1985 – 2005

References:

(Available Upon Request)