

Jonariza U. Trillo

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CONTACT



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Bu Sidra, Ar Rayan, Doha
Qatar

EDUCATION

2007

Caregiver

Collegio De Los Banos School
Los Banos, Laguna, Philippines

2006

Secondary

Los Banos National High School
Los Banos, Philippines

April – September 2023

Nursing Assistant

Filipino Institute of Qatar
Doha, Qatar

KEYSKILLS

- Excellent Driving Record
- Flexible
- Critical Thinking
- Computer Literate
- Compassionate
- Empathy and Patience

PROFILE

To offer consistent , unconditional care ,enabling to involve in an environment that encourages positive relationship , mutual respect , trust and consideration for others . To accept and understand each individual service , at all times maintaining their dignity and self-respect.

PROFESSIONAL EXPERIENCE

Nursing Assistant

February 2024 to Present | White Angel Nursing Service (HGH Project) | Doha, Qatar

Responsibilities:

- Handling bed ridden patient.
- Help patients with activities of daily living, such as bathing, dressing, and feeding.
- Monitor patient vital signs and report any changes or concerns to the nursing team.
- Maintain a clean and safe environment for patients, adhering to infection control protocols.

Housemaid

March 2019 to February 2024 | Alex O. | Doha Qatar

Responsibilities:

- Prepare a care plan and meal for kids with special needs.
- Assist with Basic Needs.
- Provide companionship.
- Housekeeping.
- Monitor medication
- Driving the Family and do errands
- Attending House Maintenance

Housemaid

Private Qatari Family | Doha, Qatar | December 2012 – March 2018

Responsibilities:

- Transported the children to and from school, lesson, appointments and other events.
- Coordinated everyday activities that encouraged education and social skills.
- Created a fun, secure, inspiring and comfortable environment.
- Supervised children while parents were on vacation, business trips or weekend getaway.
- Given full responsibility with medication and any other medical needs.

Production Operator/Machine Operator

VCA Company Science Park | Philippines | August 2008 – August 2009

- Adjusts machine setting to complete tasks accurately, according to specifications and in a timely manner.
- Sets up and operates a production machine in accordance with established procedures and guidelines.
- Meeting the demands of the quality and quantity of the products.

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PROFESSIONAL EXPERIENCE

Housemaid

African Family | Dubai | December 2009 – January 2012

- Cared for elder women.
- Carried out daily activities to meet the physical, and social emotional needs.
- Prepared and served meals and snacks
- Maintained a secure environment, and safeguard of elder women.
- House chores