**Zid Abdennour Khoukhi**

**Nursing Assistant and Caregiver**

**Phone**: +974 71873719

**Email**: [abdoukh615@gmail.com](mailto:abdoukh615@gmail.com)

**Address**: Doha, Qatar

## Introduction

A hardworking and passionate individual who thrives in a dynamic healthcare environment. Graduated from Al Huda Private Training Institution for Paramedics in Djelfa, I have honed my skills through rigorous academic training and various hands-on experiences in the medical field. My unyielding dedication to providing quality healthcare and willingness to continuously learn make me a valuable addition to any team.

## Professional Summary

Compassionate and reliable Nursing Assistant/Caregiver with proven experience in providing comprehensive patient care in diverse healthcare settings. Skilled in essential clinical procedures, patient monitoring, and activities of daily living support. Demonstrates strong communication abilities, physical endurance, and unwavering commitment to maintaining patient dignity, comfort, and confidentiality.

## WORK EXPERIENCE

### **Naqaha Home Care (Althumama Complex Doha) | Caregiver**

September 2024 – April 2025

* Provided comprehensive personal care assistance including bathing, grooming, dressing, and toileting while maintaining patient dignity
* Monitored and recorded vital signs, weight, and fluid intake/output to ensure patient stability
* Assisted with mobility and ambulation including transfers, positioning, and accompanying patients to appointments and outdoor activities
* Applied non-sterile dressings, ice packs, heat treatments, and therapeutic baths as directed
* Prepared and served nutritious meals accommodating specific dietary requirements and restrictions
* Performed housekeeping duties including laundry, bed making, and maintaining a clean environment
* Provided emotional support and companionship while fostering independence appropriate to patient abilities
* Maintained accurate daily and weekly documentation of patient care, observations, and incidents through detailed record-keeping
* Responded promptly to emergency situations following established protocols
* Upheld strict patient confidentiality standards and adhered to all organizational policies and procedures
* Collaborated effectively with healthcare team members to ensure coordinated quality care

### **Zaafran Polyclinic | Emergency Nursing Assistant**

January 2023 to June 2023

* Assisted the physician during complex emergency procedures including trauma stabilization and resuscitation efforts
* Collected and processed critical laboratory specimens including blood, urine, and wound cultures under urgent timeframes
* Prepared patients for emergency diagnostic imaging by positioning and transporting to radiology department
* Maintained sterile fields during emergency surgical procedures such as laceration repairs and abscess drainage
* Monitored patients' responses to treatments and documented changes in condition throughout emergency care
* Operated specialized emergency equipment including suction devices, oxygen delivery systems, and automated vital sign monitors
* Provided specialized physical assistance during casting and splinting of emergency orthopedic injuries
* Implemented isolation protocols for patients with suspected infectious conditions in emergency setting
* Assisted with conscious sedation monitoring during emergency procedures requiring pain management
* Prepared and maintained specialized equipment for pediatric emergencies and critically ill children
* Facilitated appropriate discharge processes including education material preparation and follow-up instructions

### **Ain Maabed Polyclinic | Emergency Nursing Assistant**

October 2022 to March 2023

* Managed front-line patient intake during emergency situations, collecting critical information and preparing assessment documentation
* Performed initial vital sign monitoring for incoming emergency patients, flagging critical values to clinical staff
* Prepared emergency treatment areas with appropriate equipment and supplies specific to incoming patient conditions
* Facilitated communication between patients, families, and emergency medical team during crisis situations
* Maintained detailed documentation of admission times, complaints, and preliminary assessments
* Assisted with application of ECG leads and basic monitoring equipment during initial assessment
* Managed patient belongings and valuables according to emergency department protocols
* Communicated with ambulance personnel regarding incoming emergency transports
* Assisted patients with registration processes while accommodating urgent medical needs
* Participated in disaster preparedness training and mass casualty incident drills

### **Djelfa El Wiam Polyclinic | Emergency Nursing Assistant**

March 2021 to September 2022

* Implemented comprehensive infection control measures including proper donning and doffing of full PPE during patient care
* Monitored oxygen saturation levels, respiratory rates, and other vital signs for COVID-19 patients, alerting medical team to deterioration
* Administered oral medications and nutritional support to COVID-19 patients following strict contamination prevention procedures
* Coordinated with respiratory therapists during oxygen therapy adjustments and ventilation support
* Prepared and organized specialized equipment including oxygen delivery systems
* Conducted regular sanitization of high-touch surfaces in isolation areas according to enhanced cleaning protocols
* Assisted with specimen collection for COVID-19 testing while maintaining sample integrity and personal safety
* Provided emotional support and education to patients experiencing anxiety related to diagnosis and isolation
* Participated in rapid response teams for COVID-19 patients experiencing sudden respiratory decline

## EDUCATION

### **Paramedical Training**

September 2018 – September 2020

*Al Huda Private Training Institution for Para-medical Nursing Assistant for Public Health*

* **Qualification:** Nursing Assistant
* **Rank:** Nursing Assistant
* Completed comprehensive training in paramedical practices, focusing on public health.
* Gained hands-on experience in patient care, emergency response, and medical support.
* Studied various aspects of healthcare including anatomy, physiology, and medical ethics.
* Developed strong skills in patient communication, care techniques, and clinical procedures.

Trained in the use of medical equipment and the implementation of health and safety protocols.

## LANGUAGE

* Arabic – Native
* French – Basic
* English – Basic

## Skills

* Emergency Care
* Home Care
* Patient Assessment
* Basic Life Support (BLS)
* Medical Terminology
* Patient Education
* Team Collaboration
* Time Management
* Adaptability