**CURRICULAM VITAE**

**AMAL ZACHARIA**

**REGISTERED NURSE IN REHAB HEALTH CARE QATAR**

**POSITION: GENERAL SCHOPE NURSE**

**QCHP LICENCE NO: N6037**

**QATAR DRIVING LICENCE HOLDER**

**My Objective**

To acquire a position as Registered Nurse, in highly proficient organization based on experience while enhancing personal and professional career growth through a maximum level of commitment.

**Personal Details**

Father's Name : Zacharia Joseph

Mother Name : Philomina Zacharia

Date of Birth : 18-01-1986

Place of Birth : Moolamattom

Religion : Christian

Marital Status : Single

Gender : Male

Nationality : Indian

Passport Number : Y1147893

Qatar ID Number : 28635649432

Height : 5.8 cm

Weight : 85 Kg

Permanent Address : Valavanal

Anthinadu (P.O.)

Pala

Kottayam (Dist)

Kerala - 686651

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E-mail address : [amalzacharia5151@gmail.com](mailto:amalzacharia5151@gmail.com),

[amal.zacharia@gmail.com](mailto:amal.zacharia@gmail.com)

Present Address : Building Number :66, Zone 90, Street Number :1001,

Al Wakrah , Doha , Qatar

**Languages Known**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Read | English | Hindi | Malayalam |  |
| Speak | English | Hindi | Malayalam | Telugu |
| Write | English | Hindi | Malayalam |  |

**EDUCATIONAL QUALIFICATION**

**ACADAMIC** : **S.S.L.C :** St. Mary’s HSS Arakulam

**EDUCATION** Period - 2000 to 2001.

**Plus Two:** St. Mary’s HSS Arakulam

Period - 2001 to 2002.

**PROFESSIONAL** : **Diploma in General Nursing & Midwifery**

**EDUCATION** Mother Theresa School of Nursing, Chithradurga, Karnataka

Period - 2003 to 2007

**EMPLOYMENT & SERVICE PROFILE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Institution** | **Place** | **Period** | **Position held** | **Area** |
| Apollo Hospitals | Hyderabad | Oct, 2009  to  Nov, 2011 | Staff Nurse | Emergency Department |
| Xenia Hospitals | Hyderabad | Dec, 2011 to Sep 2014 | Staff Nurse | Emergency Department |
| Al Shefa Ploy Clinic | Qatar | 11/10/2014 to 13/01/2023 | General Scope Nurse | Construction Site |
| Trabizz Contarcting | Qatar | 01/02/2023 to 15/08/2024 | General Scope Nurse | Construction Site |
| Rehab Heath Care | Qatar | 16/08/2024 to Till date | General Scope Nurse | Construction Site |

**MEMBERSHIP OF PROFESSIONAL BODIES**

|  |  |  |  |
| --- | --- | --- | --- |
| **Organisation** | **Type** | **Register No.** | **Registration date** |
| The Karnataka Nursing Council, India | Life Membership | 105290 | 27-05-2008 |
| The Trained Nurse Association of India | Life membership | 04DN10800 | 105290 |

**Employment Details, Types of Patients, Job Responsibilities**

**Types of Patients**

Due to experience in hospital with international standards, I have been managed\exposed to all kinds of medical, all kinds of burns, Inhalation injuries, cardiac, and accidents.

**Job Responsibilities**

* Delivery of primary emergency medical and trauma response to all personal at the work site.
* Emergency client care: assessing condition, vital signs monitoring, maintaining patient airway, and administration of oxygen.
* Assisting and performing ILS, ITLS procedures.
* IV canalization &IV fluids administration.
* Cleaning &dressing of wounds.
* Transferring pts to hospital from clinic, site to clinic by Ambulance with patient on ventilation.
* Very good exposure on pre-hospital care, (able to perform Intubation, AED, start IV line and administer emergency drugs if the hospital rule permits when patient in imminent danger).
* Consultation for minor illness and hospital reference for major illness.
* Maintaining records and reports.
* Provides a management framework for the provision of health, safety, and environment quality services to staff.
* Manages aspects of conducting routine hygiene inspections of all staff at remote sites.
* Manages the provision of first aid care to all employees on-site
* Conducting monthly rescue drill.
* Conducting medical examination to the employees who assign in critical area.
* Assist site management to meet production and service targets by assisting in the

maintaining of a healthy workforce.

* Provides management services to ensure that manual handling procedures and safe lifting techniques are adhered to at all time.
* Provides management services that ensure injury &near miss registers at all sites are

implemented and maintained.

* Provides management services that ensure each site has adequate first aid provisions on-site.

**PATIENT CARE WHICH I CAN**

* Maintenance of good nurse patient relationship including orientation of patient to the unit or room and patient family education.
* Patient assessment and reassessment and nurse notes.
* Check the vitals of the patient every hourly along with date and time (Eg; B.P, R.T. Feeding, drainage etc.) Including pre and post procedure care and documentation.
* Maintenance of intravenous fluids
* Administrations of Medications in time (Eg; OD, BID, TID, QID, Stat, SOS etc.)
* Hot & Cold Application (Eg; Ice Bag, Hot water Bag, Cold Compress, Sterile hot compress and cold sponge).
* Personal hygiene including assist in Activities of daily living.
* Tracheostomy care of the patient (Eg; Suctioning, Tracheostomy dressing)
* Care of pressure sore (Eg; Frequent Back care and positioning)
* Familiar with all protocols, administration of blood and blood products and care of immuno compromised patients.
* DVT prophylaxis
* Surgical dressing
* Prevention of aspiration
* GCS monitoring and close Neurological observation
* Steam inhalation
* Naso Gastric and PEG Tube feeding
* Skin Traction application and Care
* Care of ICD
* Blood Transfusion
* Management of Pain scale Adult and Pediatric
* Care of invasive catheters (Eg; IV cannula, Arterial line, foley's catheter)
* Maintaining records and reports
* Supervision and orientation of student and new trainees.
* Cope up with the hospital policies
* Follow up Treatment. Well versed in the cardio pulmonary resuscitation (as per ACLS protocol

**EQUIPMENTS USED**

* Ventilator
* A.B.P Monitor
* Defibrillator
* Pulse Oximeter
* I.C.U Monitor
* C.V.P Monitor
* Suction Apparatus
* Nebulizer
* Computer
* ABG machine
* Closed Suction System
* SCD machine
* NIBP
* ECG Machine
* Syringe Pump
* Glucometer
* Humidifier
* Warmer Machine
* CPAP Machine
* BIPAP Machine
* AMBU
* Air-way adjunctive, L.M.A, Oral and Nasal Air way
* Kangaroo feeding pump

**SPECIAL PROCEDURES ASSISTED**

* Cardio-Pulmonary Resuscitation
* Endotracheal intubation and extubation
* Arterial Canulation
* Lumbar puncturing
* Pleural fluid aspiration
* Central Line Placement

**OTHER RESPONSIBILITIES**

* Maintaining the drug & Investigation as per orders.
* Proper documentation of drugs administered and investigations done.
* Maintaining the equipment in working condition.
* Maintaining emergency drugs and equipments at accessible place.
* Proper monitoring of patient.
* Informing the doctor concerned whenever necessary.
* Barrier nursing
* Scrubbing, hand washing and aseptic precautions.
* Transportation of critically ill patients

**GENERAL**

* Attended Basic Life Support, Advanced Cardiac life support, pediatric advanced life suppor programme at Apollo Hospital, jubilee Hills, Hyderabad.
* Attended World Class Stroke Management by Dr.Subhashini Prabhakar.
* Attended IV Cannulation (peripheral and central access)conducted at Apollo Hospitals jubilee Hills, Hyderabad.
* Attended Focused Ultra Sonography in trauma management conducted by Dr.Mahesh Josh}-(HOD & Senior Consultant of Emergency Medicine, Apollo Helath City)
* Attended D.V.T Management conducted by Dr. Revindra Babu (M S Apollo Health city)

**EDUCATION PROFILE**

During my studies as a student nurse, the following works were assigned to me, which I have carried out successfully

* Worked as a team member in the community development programs.
* Worked in different hospitals in Hyderabad as trainee.
* Worked as a team member of pulse polio programme.

**COMPUTER KNOWLEDGE**

* Familiar with fundamental of computer, MS-Office, Internet.
* Handling online clinical job

**MY PHILOSOPHY TOWARDS SERVICE AND LIFE**

I consider myself is an extravert. My patients are my best teachers I have had. I invest a good amount of time in educating myself through books. I am hard working and professional who believes strongly in medical ethics and practice nursing as a divine job.

Place: DOHA

Date:2/01/2025 **AMAL** **ZACHARIA**