



# RYAN PATRICK POSAS

## CONTACTS



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## LINK



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## SKILLS



Strong Interpersonal Communication Skill

Teamwork Skills

Patient Advocacy

Driving Proficiency

Route Navigation

Vehicle Inspection

Loading/Unloading Tasks

Food Preparation

Cooking Techniques

Food Safety

Cleaning/Sanitation

Kitchen Equipment Maintenance

Inventory Management

## ABOUT ME



I am an experienced versatile, and results-oriented professional worker with proven expertise in Nursing, Driving, and Cooking. A collaborative individual, I successfully lead others by sharing knowledge, using effective communication strategies, and fostering a team-oriented culture.

## WORK EXPERIENCE



JAN 2008

### NURSE 1

APR 2024

*Cavite Center for Mental Health | Trece Martires City, Philippines*

- Administered medications and treatments to patients following physician orders and protocols.
- Monitored patient vital signs and symptoms to detect changes, and reported to supervising nurse or physician.
- Documented all nursing care in patient medical records accurately and in a timely manner.
- Collaborated with interdisciplinary healthcare teams to plan, manage, and assess patient treatments.
- Provided education and support to patients and their families regarding health conditions and treatment plans.
- Performed routine patient care tasks such as bathing, dressing, and feeding to ensure comfort and hygiene.
- Participated in quality improvement initiatives to enhance patient care and nursing practices.

OCT 2002

### OPERATOR/DRIVER

FEB 2025

*EPZA-Bacao to Panungyanan Jeepney Operators and Drivers Association | General Trias City, Philippines*

- Safely operate and navigate various types of vehicles in compliance with traffic laws
- Perform routine vehicle maintenance checks and report any mechanical issues promptly

## LANGUAGES



Filipino



English



- Load and unload cargo or passengers, ensuring secure and efficient handling
- Utilize GPS and other navigation tools to determine the most efficient routes
- Provide excellent customer service, addressing passengers' or clients' needs professionally
- Communicate with passengers and transported them to and from their desired destinations

FEB 2021

JUN 2022

### OWNER/COOK/SERVER

*Barangay Burger and Barangay Silog | General Trias City, Philippines*

- Preparation of menu items ensuring consistent quality and presentation standards
- Training and supervising kitchen staff to maintain high culinary and hygiene standards
- Ensuring compliance with health and safety regulations in the kitchen and dining area
- Management of inventory, including ordering supplies and controlling food waste
- Check order slips in order to determine quantity and type.
- Operate cooking and grilling equipment and ensure it runs properly.

## EDUCATION



2006

### BACHELOR OF SCIENCE

Cavite State University | Indang, Cavite, Philippines

*Bachelor of Science in Nursing*

Applicant's Signature