**Resume updated on: 06/20/2025**

**David Nuhu Adze RN,BSC Psy,MSC clin.psy,mNMCN, mNACP.**

Federal medical center Makurdi

Nigeria,102004

+2347066203385

**CAREER OBJECTIVE**

To work in an institution as a registered nurse where I can utilize my full potential with the help of the health care team towards optimum patient care.

**QUALIFICATIONS**

* **Total of 17 years of Nursing Experience**
* **Total of 12 years of Clinical psychologist Experience**
* **84 months Team Care Experience.**
* BLS/ psychological First Aid.
* Nigerian Association Of Nurses and Midwives
* Good knowledge of computer desk top operation and Microsoft office programs.
* Driving skills

**LICENSES AND CERTIFICATIONS**

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| **Institution** | :Nursing and midwifery Council of Nigeria |
| **Nursing Registration No.**  **Institution**  **Psychology Registration No.** | :001/133724  Nigerian Association of clinical psychologist  :00236 |
| **Certification**  **Institution**  **Date Passed**  **Certification**  **Institution**  **Date Passed**  **Certification**  **Institution**  **Date passed**  **Certification**  **Institution**  **Date Passed**  **Certification**  **Institution**  **Date Passed**  **Certification**  **Institution**  **Date Passed**  **Certification**  **Institution**  **Date Passed** | Nurse practitioner  Nigerian Association of Nurses and Midwives.  2009.  Clinical psychologist practitioner license  Nigerian Association of Clinical psychologist  2019  Nurse Cholera Expert  Medecins Sans Frontiers ( MSF)  Sept/Oct 2010  Pharmacovigilance Expert  Society for Family Health, National Agency for Food Drug Administration and Control.  2011.  Substance Use Professional  International Society Of Substance Use Professionals  2024  Mandatory Continuing Professional Development Program.  ( Medical - Surgical Nursing)  Nursing and midwifery council of Nigeria.  2022.  Light Driver/ Private License  L/no. ABC30862AE20. Class B  Federal Republic of Nigeria  26/01/23 - 09/01/ 26 |

**FORMAL EDUCATION**

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| 2016-2018 | **UNIVERSITY OF JOS, Nigeria** | **Degree Received: Master's** of Science in Clinical Psychology |
| 2011-2014  2004 - 2008 | **HOUDEGBE NORTH AMERICAN UNIVERSITY .Benin Republic**  **PK10 Derrier janvher Cotonou**  **ST. GERARD'S CATHOLIC HOSPITAL**  **COLLEGE OF NURSING KADUNA .** | **Degree Received: Bachelor of Science in Psychology**  **Degree Recieved: Diploma in Nursing** |

**NURSING EMPLOYMENT EXPERIENCE**

Federal medical center Makurdi

Wadata road, Benue State

Employment Date: Jan.2024 - Date

JobTitle:Nurse/ Clinical psychologist

Supervisor’s Name: Mr.Pius Akuchi

Supervisor’s Phone Number: 08068835212

Type of Business : Public health facility

Job Description : Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.

Prioritizes client’s needs and delegates aspects of nursing care to other nursing

personnel withinhis/her scope of professional responsibility.

Assesses ,plans ,implements and evaluates the nursing care of each client in

accordance with client’s individuality, abilities, culture and choices.

Assesses the quality and appropriateness of client care and resolves identified

problems.

Performs nursing care in response to clients’needs supported by nursing knowledge,research and reflective practice.

Documents the nursing care of each client from admission to discharge in accordance with the general principles and legal requirements for documentation.

Promotes an environment which maximizes client safety by utilizing infection control

practices and implementing the standards of clients’ safety programs.

Collaborates with the multi disciplinary team and acts as a client advocate to ensure high quality client care.

Utilizes and ensures maintenance of equipment and instruments as appropriate.

Participates in teaching and assessing of junior colleagues.

Cannulation, catheterization and intubation of patients.

**FEDERAL MEDICAL CENTER GUSAU**

Sokoto road bye pass Gusau

Zamfara state, Nigeria,1008

Employment Date :**2012- 2016**

JobTitle: Nurse

Supervisor’s Name:Mr. Adiku

Supervisor’s PhoneNumber: 08051638851

Type of Business: Tertiary Care Hospital

Position :**Staff Nurse, 48hours/ week,6 - 10 Patients** Area: **Medical/Surgical**

Roles,Responsibilities,Skills:

Adheres to Data Privacy

Proper Communication & Documentation .

Head toToe assessment

Assists Doctor’s Rounds

Assessing and Proper Carrying out of Doctor’s orders.

Medication administration

Intravenous therapy

Foley Cath,Strait Cath insertion

BloodTransfusion

Blood Sugar monitoring

Suctioning

NGTinsertion,Tube Feeding

Pain assessment & management

Coordination withTeam members

EfficientTime Management and Task Delegation

HeathTeaching

Ostomy,Wound Care and Tissue repair

Pre and Post-op monitoring

Infection Control

Pressure Ulcer Prevention

Fall Prevention

Patient transfer and transport

Equipment: Infusion Pump ,Suctioning Machine, Thermo Scan ,sphygmomanometer, Pulseoximeter, Stethoscope,Glucometer, Desk top computer,standing scale, Oxygen equipment.

**CFGN Detox Ltd**

De Prof Lounge kugbo furniture

Kugbo Market, Abuja Nigeria

Total Volunteer:**2017 - 2023(83 months)**

JobTitle:Volunteer Utilization Management Nurse

Supervisor’s Name: Chris Rimamskeb

Supervisor’s Phone Number: 0802 217 7760

Job Description : **Utilization Management Nurse, 40 hours/week.**

Volunteer Description: Providing individual, group and family psychotherapy across different age groups as well as patients with emotional, mental and behavioral disorders.

Monitoring cases of crisis intervention with patients with substance abuse, suicidal ideations, and other serious

psychiatric disorders

•Exploring the patients’past experiences to learn how they affect their current state of mind and behavior(psychoanalysis)

•Assessing patients by reviewing their mental and physical health, their background and current social situation,clinical

assessment, psychometric testing and interpretation past health issues, as well as any potential risk factors. •The application of(Cognitive Behavioral Therapy or CBT),ACT,IPTand IT to treat psychological symptoms. °Emergency nursing care and surgical interventions.

Participated in:

\* Health Education imo\* Seminar presentation.  Managed Medication and Treatment.  Steered Wound dressing and surgery assistant. Took Diabetics care

\* PerformedTB/HIVand Malaria treatment medication

\* Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.

\* Prioritizes client’s needs and delegates aspects of nursing care to other nursing

personnel within his/her scope of professional responsibility.

\* Assesses,plans,implements and evaluates the nursing care of each client in

accordance with client’s individuality,abilities,culture and choices.

\* Assesses the quality and appropriateness of client care and resolves identified

problems.

\* Performs nursing care in response to clients’ needs supported by nursing knowledge,

research and reflective practice.

\* Documents the nursing care of each client from admission to discharge in accordance with the general principles and legal requirements for documentation.

\* Promotes an environment which maximizes client safety by utilizing infection control

\* practices and implementing the standards of clients’safety programs.

\* Collaborates with the multidisciplinary team and acts as a client advocate to ensure high quality client care.

\* Utilizes and ensures maintenance of equipment and instruments as appropriate.

\* Participates in teaching and assessing of junior colleagues.

Daula Hospital and Maternity

Millionaires Quaters, Gusau

Lebin - Lebin, Nigeria

Employment Date :**2008-2011(38 months)**

JobTitle:Nurse

Supervisor’s Name: Nr. Aminu

Supervisor’s Phone Number : 0806 240 9035

Type of Business : General Care private Hospital.

Position: **Staff Nurse, 48hours/ week, 5-10 Patients**

Area:General Nursing Unit-Medical/Surgical/Obstetrics/Pediatrics

Roles, Responsibilities, Skills:

Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.

Prioritizes client’s needs and delegates aspects of nursing care to other nursing

personnel withinhis/her scope of professional responsibility.

Assesses ,plans ,implements and evaluates the nursing care of each client in

accordance with client’s individuality, abilities, culture and choices.

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Promotes an environment which maximizes client safety by utilizing infection control

practices and implementing the standards of clients’ safety programs.

Collaborates with the multi disciplinary team and acts as a client advocate to ensure high quality client care.

Utilizes and ensures maintenance of equipment and instruments as appropriate.

Participates in teaching and assessing of junior colleagues.

\* 1st African Caribbean Mental Health Conference held On the 27th Of October, Organized by the Department of psychology Nottingham Trent University and Manchester University,United Kingdom.

\* 2021: Certificate of attendance Asian Cognitive BehaviorTherapy Conference 5th-7th July, organized by

Malaysian society of clinical psychologist and hosted by Sunway University Kuala Lumpur Malaysia.  2019:Member/psychologist,Staff Evaluation and Promotion committee,Dominican College Gusau, Nigeria

\* 2013: Certificate in Entrepreneurship(HopeConsult)Benin Republic

\* 2010: Certificate in Higher CholeraTreatment(Medicines sans Frontiers) Spain. Personal Details

Date of Birth: 9th January,1982Nationality: Nigerian

Marital Status: Married

Languages Known:English language,Basic French and Hausa