



SABIR SHAH

Marine Mechanical Technician
Ex Pakistan Navy 🚢 Seafarer

Contact

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Email

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Address

Kohat Pakistan

Expertise

Maintenance & Repairs

Troubleshooting & Problem

Solving

Installation & Commissioning

Negotiation & Collaboration

Critical Thinking

Leadership

Language

Urdu

English

Awards

Oct 2018 | Pakistan Navy
Tamgha-e-imtiaz

May 2021 | Pakistan Navy
10 years & Best Sailor of the month

Experience

2022 – 2025

Pakistan Navy Fleet
Maintenance Group

Leading Marine Mechanical Technician

Performed routine and preventive maintenance on mechanical systems including HVAC, hydraulic, and pneumatic machinery to ensure optimal performance and minimal downtime. Ensured workplace compliance with safety regulations by conducting inspections, risk assessments, and training sessions.

2020 - 2022

Pakistan Navy 🚢 Jalalat

Marine Mechanical Technician-I

Perform routine maintenance and emergency repairs on mechanical equipment.
Inspect, troubleshoot, and resolve issues in hydraulic and pneumatic systems.
Ensure proper functioning of rotating equipment such as pumps, compressors, and motors.
Maintain service records and update maintenance logs using CMMS.

2017 - 20219

Pakistan Navy 🚢 Saif

Marine Mechanical Technician-II

Performed installation, maintenance, and repair main and auxiliary machinery and HVAC systems including split units, package units, ducted systems, Handled refrigeration systems such as cold rooms, walk-in freezers, bottle coolers, and display chillers with efficiency and adherence to safety standards.
Recovered, recharged, and replaced refrigerants (R22, R410A, R134a, etc.) following environmental guidelines and safety procedures.

Education

2011 - 2013

Kohat Board

Matric Science

Government High School Kohat Pakistan.

2016 - 2019

Sindh Technical Board

Diploma Of Associate Engineering (Mechanical)

"I obtained this diploma from the Pakistan Navy and have also completed various short courses alongside it."

Courses

NBCD & Mockup

Computer Training

Sea Survival

Weapon Training

Fire-Fighting