NOMAN MANZOOR

Marine Engineer

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SUMMARY

To build a rewarding career in a dynamic and growth-oriented organization where I can utilize my technical expertise, discipline, and leadership skills gained from my service in the Pakistan Navy. I aim to contribute to operational excellence, safety, and team efficiency while continuously enhancing my professional knowledge and performance.

EXPERIENCE

MEM (M)-1 (Marine Engineering Mechanic)

PNS NASR (Oil Tanker), Pakistan Navy, Karachi | 02 Years

- Operated, maintained, and performed watchkeeping duties on main and emergency diesel generators.
- Conducted major and top overhauls, including fuel injector servicing, piston, and cylinder maintenance.
- Maintained lubrication and cooling systems, and inspected/adjusted pressure and temperature controls.

MEM (M)-1 (Marine Engineering Mechanic)

PNS NASR (Oil Tanker), Pakistan Navy, Karachi | 02 Years

- Operated and maintained fixed and portable firefighting systems, including CO₂/AFFF extinguishers and foam/water nozzles.
- Managed and serviced breathing apparatus, diesel-driven portable pumps, fire pumps, and hydrants.
- Conducted periodic inspections, maintenance, and overhauls of all firefighting equipment.

MEM (M)-1 (Marine Engineering Mechanic)

PNS NASR (Oil Tanker), Pakistan Navy, Karachi | 02 Years

- Operated, maintained, and overhauled main AC plants, cargo, and provision refrigeration systems.
- Performed gas charging, vacuum testing, and cleaning of condensers, filters, and strainers.
- Adjusted valves, monitored system performance, and maintained cold/cool room temperatures within design limits.

Marine Engineer

Pakistan Navy | 06 Years

- Operate, maintain, and repair all mechanical and electrical systems on board ships and marine vessels.
- Monitor engine performance and fuel consumption to ensure optimal efficiency and safety.
- Conduct routine inspections and preventive maintenance on propulsion systems, generators, and auxiliary equipment.
- Troubleshoot mechanical failures and perform necessary repairs during voyages and port stays.

Professional Security Officer

Private Company | 06 Years

- Monitor and patrol assigned areas to prevent unauthorized access and ensure the safety of personnel and property.
- Control entry and exit points, verifying identification, and maintaining visitor logs.
- Respond promptly to alarms, emergencies, and security incidents following established procedures.
- Conduct regular inspections to identify potential safety or security risks and report findings to management.
- Coordinate with law enforcement and emergency services when required for incident resolution.

SKILLS

Operation Maintenance and Repair of Diesel Generators

AC and Refrigeration Systems

Mechanical Troubleshooting and Preventive Maintenance of Ship Machinery

Firefighting and Damage Control Equipment Operation and Maintenance

Risk Assessment and Safety Compliance

Microsoft Office Suite

Operating Systems Installation and Troubleshooting

Computer Literacy and Basic Programming Tools

Team Leadership

Effective Communication and Collaboration

Time Management Ta

Task Prioritization

Discipline Adaptability

Attention to Detail

Security Monitoring

Emergency Response

First Aid

STRENGTHS

Leadership

Demonstrates leadership qualities with commitment to task completion

Communication Skills

Possesses good communication skills for effective team collaboration

Team Orientation

Ability to work well in teams and focus on results

Time Management

Known for punctuality and effective time management

Adaptability

Quick to adjust to new environments, challenges, and operational demands under pressure.

EXPERIENCE

Sea Service

PAK Navy Ship NASR | 02 Years

- Assisted in navigation, communication, and operational duties during sea voyages and missions.
- Monitored and maintained ship equipment, ensuring proper functionality and safety compliance.
- Supported logistics operations, including loading, unloading, and inventory of supplies.
- Participated in routine maintenance, cleaning, and repair of ship compartments and machinery.
- Assisted senior officers in executing drills, safety procedures, and emergency response operations.

EDUCATION

FSC Pre Engineering

Bise Rwp Board

2011 - 2012

Matric Science

Bise Rwp Board

= 2009 - 2010

TRAINING / COURSES

Boot camp training at PNS Himalaya	English language course at PNs Bahadur
Security motivation course at PNS Karsaz	Weapon training course at PNS Bahadur
Fire fighting course	NBCD course at PNS Karsaz
English language Course	First Aid course at PNS Karsaz
Computer Training course	Marine Engineering Mechanical II at NASR
Special swimming course at PNS Himalaya	Sea survival course at PNS Himalaya
Marine engineering mechanical -I NASR	DAE Term-III at PNS Karsaz
DAE Term-IV at PNS Karsaz	DAE Term-V at PNS Karsaz

KEY ACHIEVEMENTS

Gold Medal in PN Boxing Championship 2018

Achieved a Gold medal in the PN Boxing Championship, showcasing determination and physical fitness

Completion of Multiple Professional Courses

Completed several specialized Navy training programs, including firefighting, first aid, and marine engineering courses.

Proven Record in Security and Maintenance Operations

Supervised and executed critical mechanical maintenance and security operations with consistent efficiency and reliability.

INTERESTS

Programming Tools & Techniques

Traveling and Driving

LANGUAGES

English Advanced	
Urdu Proficient	••••
INDUSTRY EXPE	RTISE
Marine Engineer	

Security & Risk Management

Ship Operations & Maintenance