



MUHAMMAD DAUD

OBJECTIVE

A responsible and safety-focused driver with strong knowledge of routes, traffic rules, and customer service. Seeking a position where I can provide punctual, accident-free, and reliable transportation

EXPERIENCE

- **Living Fitness Club**

Aug 2020 - Sep 2024

Fitness instructor

As a professional Fitness Instructor and Personal Trainer, I have provided customized fitness programs to individual and group clients, focusing on strength, endurance, flexibility, and overall wellness. My experience includes conducting one-on-one training sessions, group fitness classes, and providing nutrition guidance for achieving client-specific goals such as fat loss, muscle gain, and body conditioning.

EDUCATION

- **Sir Syed Public High School**

2020

Matriculation With science

A

- **Allama Iqbal Open University**

2023

Intermediate

B

ACHIEVEMENTS & AWARDS

- Digital marketing
- Certified Personal Trainer
- BFR training
- Sports injury Rehabilitation
- Computer basics & typing

ACTIVITIES

CONTACT

@ daudofficial629@gmail.com

☎ +974 66187834

📍 Rawdat Al khalil street 953 Zone 43,Doha Qatar.

in Currently updating my LinkedIn profile

SKILLS

- Certified Personal Trainer
- Car driving

INTERESTS

- Sales and customer communication.
- Personal development and self-discipline
- Fitness training, exercise science, and sports nutrition

LANGUAGES

- English
- Urdu
- Punjabi
- Hindi

PERSONAL DETAILS

- Date of Birth : 01/01/2004
- Marital Status : Single
- Nationality : Pakistan
- Religion : Islam

- Participating in community fitness programs and gym training workshops Involving environmental activities Playing Badminton and organizing small team sports events

ADDITIONAL INFORMATION

Strong sales background with excellent communication and customer service skills.

Physically fit, disciplined, and capable of handling demanding work environments

Fluent in English Urdu Nad Hindi.

Valid Qatar driving license.

Ready to join immediately and open to flexible shifts

- Passport : AD7979551
- Gender : Male
- Place : Nuaija Rawdat Al khalil street