



Abdelhay Guizani

Doha-Qatar

+97470007567 | guizani.abdelhay@icloud.com

PROFESSIONAL SUMMARY

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Dedicated Physical Education Teacher and Certified Fitness Trainer with over 8 years of international experience across Tunisia and Qatar. Skilled in delivering structured physical education programs, promoting student well-being, and organizing sports activities in diverse academic environments. Proven ability to engage students from different cultural backgrounds while fostering discipline, teamwork, and healthy lifestyles.

Objective

Seeking an academic position where I can contribute to student development, enhance physical education programs, and promote a healthy and active lifestyle within a dynamic educational environment.

Experience

- Ibn Khaldoon Secondary School – Tunisia** 2023 - 2025
Physical Education Teacher
 - Delivered structured physical education lessons focused on fitness, teamwork, and student well-being
 - Designed and implemented training programs to improve students' physical performance
 - Organized school sports events and supervised student participation
 - Ensured safety standards during all physical activities
 - Evaluated student progress and encouraged healthy lifestyle habits
- Qatar Scientific Club – Qatar** 2017 - 2022
Instructor & Public Relations Officer
 - Delivered educational and training sessions for students and youth programs
 - Organized workshops, events, and public engagement activities
 - Supported communication between departments and participants
 - Promoted educational initiatives and community involvement
- STEM Xplorers – Qatar** 2016 - 2017
Instructor / Trainer
 - Conducted interactive training sessions for students
 - Assisted in organizing educational programs and activities
 - Maintained effective communication with students and parents
 - Supported administrative tasks such as scheduling and reporting

Education

- Higher Institute of Sports and Physical Education (ISSEP Kef), Tunisia** 2011
Bachelor's Degree in Physical Education

CERTIFICATIONS

- Certified Physical Trainer / Fitness Coach

Skills

- Physical Education & Training
- Lesson Planning & Curriculum Delivery
- Student Engagement & Classroom Management
- Sports Activity Coordination
- Health & Fitness Development
- Teamwork & Leadership
- Communication Skills

Interests

- Sports & Fitness Development
- Youth Training & Education
- Leadership & Team Management

Languages

- Arabic (Native)
- English (Professional)
- French (Intermediate)